

Classes and Events - McLaren Health Care

At McLaren Central Michigan, we understand that your health is your main priority. That's why we offer classes and events that make keeping your health in check simple. We back you up in your life journey to keep your mind and body the healthiest it can be. Our classes, screenings, and educational seminars are all designed with you, the patient, in mind.

Wigs Are Available for Cancer Patients

Category: Class, Program or Seminar

Date: Ongoing

Contact: The American Cancer Society toll free at 1-877-268-7177 for information about free wigs.

Bipolar Support Group

Location:

McLaren Central Michigan
LAJ Conference Room
1221 South Drive
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Wednesday, November 01, 2017

Time: 5:30 PM

Contact: Marsha MacNiell (989) 772-6263

"Thursday Connections" (Caregivers Support Group)

Location:

Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Thursday, November 02, 2017

Time: 12:30 PM

Contact: Ann Kowaleski (989) 772-0748

What's new in diabetes?

Location: Isabella County Commission on Aging, 2200 S. Lincoln Rd., Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date: Thursday, November 02, 2017

Time: 12:45 - 2:00 PM

Contact: Call (989) 779-5606 to register.

Prepared Childbirth - Nov.

Location: Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Monday, November 06, 2017

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Adult Grief Support Group

Location:
Woodland Hospice
2597 S. Meridian Rd.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Tuesday, November 07, 2017

Time: 5:30 PM

Contact: Woodland Hospice (989) 773-6137

Compassionate Friends (grief support after death of a child)

Location:
St. John's Episcopal Church
206 W. Maple St.
Mt. Pleasant, MI 48858

Category: Support Group

Date: Tuesday, November 07, 2017

Time: 7:00 - 9:00 PM

Contact: Donna Mayes (989) 330-2255

Free Memory Screening

Location:
1509 N. McEwan
Clare, MI 48617

Category: Class, Program or Seminar, Screening

Date: Wednesday, November 08, 2017

Time: 2:00 PM - 4:00 PM

Contact: Call (989) 779-5606 to schedule an appointment.



Baby Basics

Location:

McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858
FDJ Conference Room

Category: Childbirth Education, Class, Program or Seminar

Date: Wednesday, November 08, 2017

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Joint Replacement Seminar

Location:

McLaren Wellness Central
2600 Three Leaves Dr.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date: Thursday, November 09, 2017

Time: 1:30 - 4:30 PM

Contact: Register with Joint Replacement Coordinator Beth Nesitt, RN (989) 779-5651.

Women Battling Cancer Can...Look Good, Feel Better

Location:

Karmanos Cancer Institute
at McLaren Central Michigan
Morey Cancer Center
1221 South Drive
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date: Monday, November 13, 2017

Time: 9:30 - 11:30 AM

Contact: Register with the American Cancer Society at 1-800-227-2345.

Huntington's Disease Support Group

Location:

Coldwell Banker-Mt. Pleasant Realty
304 E. Broadway
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Tuesday, November 14, 2017

Time: 7:00 PM

Contact: Ann Voss (989) 561-5023 or Gaylen Voss (989) 245-5725

Community Cholesterol Screening

Location:

McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date:

Wednesday, November 15, 2017

Time: 7:00 - 10:00 AM

Contact: Health Promotions at (989) 779-5606 for more information.

Free Memory Screening

Location:

2935 Health Parkway
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date:

Thursday, November 16, 2017

Time: 10:00 AM - 12:00 PM

Contact: Call (989) 779-5606 to schedule an appointment.

Multiple Sclerosis Support Group

Location:

Immanuel Lutheran Church
320 S. Bradley
Mt. Pleasant, MI 48858

Category: Support Group

Date:

Saturday, November 18, 2017

Time: 10:30 AM - 12:00 PM

Contact: Cathy Zuker (989) 866-2682

Caregivers Support Group

Location:

Isabella County Commission on Aging
2200 S. Lincoln Rd.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Tuesday, November 21, 2017

Time: 6:30 PM

Contact: Ann Kowaleski (989) 772-0748

Free Memory Screening

Location:

2935 Health Parkway
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Screening

Date: Tuesday, November 28, 2017

Time: 2:00 AM - 4:00 PM

Contact: Call (989) 779-5606 to schedule an appointment.

Nancy Carey Support Group (for women who have or have had cancer)

Location:

Canterbury East Apartments
Office/Community Room
1517 Canterbury Trail
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar, Support Group

Date: Wednesday, November 29, 2017

Time: 7:00 PM

Contact: Gisela Moffitt (989) 772-1602

Say Yes to Cooking with Kids

Location:

McLaren Central Michigan
FDJ Conference Room
1221 South Dr.
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date: Wednesday, December 06, 2017

Time: 6:00 - 7:30 PM

Contact: Call (989) 779-5606 to register.

Innovations in Percutaneous Intervention for Heart Valve & Atrial Fibrillation

Location:

DoubleTree by Hilton Hotel

Category: Class, Program or Seminar, Continuing Medical Education

Date: Friday, December 08, 2017

Time: 7:00 am - 2:00 pm

Contact: Patti Wesenick at patti.wesenick@mclaren.org

Breastfeeding Basics

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Wednesday, December 13, 2017

Time: 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Women Battling Cancer Can...Look Good, Feel Better

Location:

Karmanos Cancer Institute
at McLaren Central Michigan
Morey Cancer Center
1221 South Drive
Mt. Pleasant, MI 48858

Category: Class, Program or Seminar

Date: Monday, January 08, 2018

Time: 9:30 - 11:30 AM

Contact: Register with the American Cancer Society at 1-800-227-2345.

Prepared Childbirth - Jan.

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Monday, January 08, 2018

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Breastfeeding Basics

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Wednesday, January 10, 2018

Time: 6:00 - 8:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Baby Basics

Location:

McLaren Central Michigan
1221 South Drive
Mt. Pleasant, MI 48858
FDJ Conference Room

Category: Childbirth Education, Class, Program or Seminar

Date: Wednesday, January 17, 2018

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Prepared Childbirth - Feb.

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Monday, February 05, 2018

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.

Prepared Childbirth - Mar.

Location:

Womens Medical Center
Medical Arts Building
1201 South Drive, Suite 220
Mt. Pleasant, MI 48858

Category: Childbirth Education, Class, Program or Seminar

Date: Monday, March 05, 2018

Time: 6:00 - 9:00 PM

Contact: Health Promotions at (989) 779-5606 if you have any questions.